

Vibrant Futures

Child and Adult Care Food Program

FRUITS

A - B

- apple cider
- apple pears
- apples
- apricots
- bananas
- batatas
- bitter orange
- black currants
- blackberries
- blood orange
- blueberries
- boysenberries
- breadfruit

C - D

- cactus pears
- cantaloups
- cape gooseberries (physalis)
- carambola - star fruit
- casaba
- charantais melon
- cherimoya
- cherries
- citron
- clementines
- coconuts
- cranberries
- crenshaw

- dates
- dragon fruit (red pitaya)
- durian

E - G

- feijoa
- figs
- galia melon
- gaya melon
- gooseberries
- grapefruit
- grapes
- grapes-black juice
- grapes-mixed juice
- grapes-white juice
- guava

H - L

- hami melon
- homelyfruit
- honeydews
- jackfruit
- juan canary melon
- jujube
- k-early citrus
- kiwano

Over



- kiwifruit
- korean melon
- kumquats
- lee citrus
- lemons
- limequat
- limes
- loganberries
- longan
- loquat
- lychee

- plums
- pomegranates
- prunes
- pummelo
- quenapas
- quince
- raisins
- rambutan
- raspberries
- red currants
- royal mandarin

M - O

- mamey sapote
- mangoes
- mangosteen
- mayan melon
- melogold
- meyer lemon
- mombin (jocote)
- nectarberries
- nectarines
- olallie berries
- orange flesh melon
- oranges
- oro blanco
- ortanique
- osceola citrus

S - Z

- santa claus melon
- sapote
- satsuma
- sharlyn melon
- sour orange citrus
- spanish melon
- sprite melon
- strawberries
- sweet lime
- tamarillo
- tangelos
- tangerines
- tayberries
- tejocote (mexican hawthorn)
- temples

P - R

- page citrus
- papaya
- passion fruit
- peaches
- pears
- pepino
- persian melon
- persimmons
- piel de sapo melon
- pineapples
- plantains

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