



## Champions for Children 48<sup>th</sup> Annual Summit You Matter!

This virtual event will take place on ZOOM.  
Registered people will receive an event link  
and materials prior to the event.

**Saturday, March 12 - 9:00am – 3:30pm Virtual Summit**

### **Opening Session: 9:00-10:30am**

#### **Why YOU Matter: Chana Edmond-Verley, CEO, Vibrant Futures**

*Child care professionals are the bedrock of our society caring for children with dedication and great sacrifice. We can count on you to keep children safe, nurtured, fed, and developing toward their miraculous potential. Join us in a conversation about how children fare in society today. Let's explore the places where child care professionals can have an even greater impact on the lives of children. Join us in discovering together how we can strengthen sector practice and business longevity for a more vibrant future for all.*

### **Session 1: 10:45 – 11:45am Choose One**

#### **Sensory Disturbance and Challenging Behavior**

*This session will focus on major sensory processing disorders and their relationship to challenging behaviors.*

**Sally Burton-Hoyle, BS.,MS. and Ed.D, Eastern Michigan University**

OR

#### **From Listening to Reading: Building the Connection**

*Developmentally appropriate scientifically-based strategies will be presented to demonstrate the critical relationship between early listening skills and pre-literacy development. Resource materials will be provided to support phonological awareness development.*

**Denise Ludwig, Ph.D., CCC-SLP, FNAP, ACUE, and Beth Macauley, Ph.D., CCC-SLP, FNAP, Grand Valley State University**

OR

#### **Streamline your CACFP and Business with KidKare**

*Join in to learn how to streamline your recordkeeping for the CACFP and your business, saving time and money. We will go over the basics of KidKare and KidKare Accounting, to discover the amazing benefits of what KidKare has to offer you!*

**Lori Johnson, KidKare by Minute Menu**

**Lunch break 11:45am-12:15pm**

## **Session 2: 12:30 – 1:30pm Choose One**

### **Mindfully Feeding Infants and Toddlers**

*Learn ways to feed your infants and toddlers using mindfulness concepts to develop lifelong healthy eaters. Food is so much more than just fuel. Mealtime routines not only build strong relationships with people, but also a healthy relationship to food. During this workshop, participants will explore research on parenting styles, mindfulness and temperament and learn how those factors can lead to responsive feeding of infants and toddlers.*

**Georgina Perry, BSW, MA, MSU Extension**

OR

### **Cook, Eat & Talk: Food Justice**

*The workshop will present a healthy foods cooking demo through the lens of food justice.*

**Lisa Oliver-King, MA Public Health, Our Kitchen Table and Belinda Henderson**

## **Session 3: 1:45 – 2:45pm Choose One**

### **Tidy Up Home & Life with The KonMari Method**

*This workshop is designed to jump start your tidying journey and spark joy in your life. You will learn the basics of the KonMari Method, a revolutionary home organizing method that has helped thousands of people declutter in transformative ways for their life. Mabel will share tips and answer your decluttering questions.*

**Mabel Heitmeier, Founder of Spark Joy in MI**

OR

### **Healthier Childcare Environments**

*MSU Extension offers a free coaching training for eligible child care providers with the goal of improving nutrition and physical activity supports through policy, system and environmental initiatives.*

**Shelley Frazier, Extension Community Nutrition Instructor, BS, MSU Extension**

OR

### **Keep Optimal Health and Vitality - the Fun Way!**

*As you know, when we are “the” caregivers we are at constant risk of becoming physically and emotionally drained. In this session you will learn basic movement and breathing techniques, as well as five useful wellness-habits to cope with stress. Self-care is a series of skills we can all learn to advocate and maintain optimal health and vitality.*

**Laura Armenta, Armentality Movement Arts Center, Certified Ayurvedic & Thai Yoga practitioner**

## **Closing Inspiration: 3:00 – 3:30pm**

### **The Art of Repairing, Thriving & Moving Forward**

**Gloria Sherman LPC, M.Ed., Parenting and Teaching with G.L.O., LLC**



## Registration Information

Register <https://bit.ly/2022VibrantFuturesSummit> and pay: [registration payment](#)

Cost is \$35 per person if you register before March 4<sup>th</sup>  
March 5-11 the cost is \$40.00 per person.

For Vibrant Futures CACFP Participants:

This event is FREE but you must register by [March 4<sup>th</sup>](#)!

**Please Note:**

**Your registration will not be complete until you have filled out the registration form AND paid.**

- Registration includes 5 hours of training
- Cancellations, withdrawals or no shows will not be issued a refund.
- When you complete the online registration form, you will receive an email confirmation with a link to make your payment if you are not a Vibrant Futures CACFP participant.
- Sessions will be recorded so people can watch later if they cannot attend at the specific time.
- Staff, assistants and spouses will need to register and pay the fee separately if they want to receive the 5 hours of training credit.

## Do you miss attending the event with real people?

Consider attending with a friend watching the same computer.

**Program directors** – consider hosting the event at your building for your staff and view the event on a large screen.

Each person would need to complete the training survey after the event to get credit.

***We look forward to your participation in this virtual summit and want to thank you for the work you do each and every day with children!***