

VIBRANT FUTURES

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM MEAL/SNACK REQUIREMENTS

The Child and Adult Care Food Program helps provide nutritious meals and snacks to children. It also provides children the opportunity to develop good food attitudes and desirable eating habits.

The foods listed below DO NOT CONTRIBUTE to the Child and Adult Care Food Program meal pattern requirements. The foods are listed in alphabetical order. The list is NOT all inclusive of non-creditable foods.

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|-------------------------------------------------|-----------------------------------------------|-----------------------------------|
| Any non-USDA Inspected fish/meat eggs/yogurt | Evaporated milk | Neufchatel cheese |
| Acorns | Fiddle Faddle | Non-fat dry milk |
| Baco-bits | Five Alive | Nut or seed meal/flour |
| Bacon* | Frosting | Nutella or other chocolate spread |
| Banana chips | Fruit drinks | Oxtails |
| BBQ sauce | Fruit leather (commercial) | Pickle relish |
| Bread pudding (sweet) | Fruit Roll-ups/snacks | Pig's feet |
| Breakfast Bars | Fruit spreads | Popsicles |
| Brownies | Fruit turnovers | Pop-Tarts |
| Cake | Fudgsicles | Toaster pastries |
| Candy | Gatorade | Pork skins |
| Caramel corn | Gelatin | Potato chips |
| Carob | Grain fruit bars | Powdered milk |
| Certified raw milk | Granola bars, all varieties | Pringles |
| Cheese, imitation or product | Half & Half | Protein Bars |
| Cheese powder in boxed mac & cheese | Ham hocks | Pudding |
| Chestnuts | Hawaiian Punch | Pudding pops |
| Chili sauce | Hi-C | Punch (not 100%) |
| Chitterlings | Home-canned foods | Rice Krispies treats |
| Chocolate bars | Honey | Rice pudding |
| Chocolate covered raisins | Hot chocolate | Salad dressing |
| Chocolate drink | Ice cream and frozen yogurt | Sherbet |
| Cookies | Iced or hot tea | Shoe string potatoes |
| Cracker Jacks | Imitation milk | Soft drinks |
| Cranberry juice cocktail | Jam, jelly, or preserves | Sour cream |
| Cream | Jell-o (unless made with 100% juice or fruit) | Sweet rolls |
| Cream cheese | Ketchup | Syrup |
| Cream soups (see food reminders) | Kool-Aid | Tang |
| Cream sauces | Lemonade | Turkey knuckles |
| Cupcakes | Marshmallows | Vanilla wafers |
| Custard | Milk shakes (commercial) | Veggie Straws/chips |
| Dairy whip | Milk substitutes (some)** | Vitamite |
| Dessert pies | Molasses | Yogos |
| Donuts | Neck bones | Yogurt-covered raisins |
| | Nectar | |

*Turkey Bacon with a CN label and Canadian Bacon are creditable.

** May Require a Special Diet Statement. Call your CACFP Specialist.

Most commercially prepared main dish products such as Ravioli, Beefaroni, meat potpies, frozen dinners, pizza, macaroni and cheese, etc., do not meet the meat/meat alternate or vegetable requirements. There is no way to determine the amount of cooked, lean meat/meat alternate or vegetables in commercially prepared entrees. These products may contribute toward the grain/bread requirement if the label states the product is made with enriched or whole grain flour, and the required portion size can be determined.

Commercially prepared main dish products that have a Child Nutrition (CN) Label may contribute to the meal pattern. The Child Nutrition Labeling Program is operated by the United States Department of Agriculture. CN products are usually available from food wholesalers and are not found in local grocery stores.

Non-Creditable Infant Foods

The foods listed below do not contribute toward the Child and Adult Care Food Program (CACFP) meal pattern requirements for infants (children 0 through 11 months of age) or are not recommended for infants by the USDA. Use of a product brand name is not an endorsement, but is used for clarity.

Cereals/Grains

- Jarred (wet) Infant Cereals
- Iron fortified dry infant cereal containing fruit
- Cooked breakfast cereals that do not meet the sugar limit of 6 grams of added sugar per dry ounce
- Ready-to-eat (RTE) cold breakfast cereals that do not meet the sugar limit of 6 grams of added sugar per dry ounce (allowed at snack only)
- Breads, RTE cereals and crackers made with unenriched flours or vegetable flours
- Grain-based desserts such as cake, cookies, pastries, granola or cereal bars, etc.

Fruit/Vegetable

- Infant baby food desserts or puddings
- Baby food fruit or vegetable with “water” as the first ingredient
- Fruit and/or vegetable juice
- Fruit “drinks”

Iron-fortified Infant Formula/Breast Milk Substitutes

- Buttermilk
- Evaporated milk
- Hot chocolate, chocolate milk
- Low-iron infant formula*
- Fluid cow's milk (any fat percentage)*

* Requires approved Special Diet Statement

Meal/Meat Alternates

- Canned fish with bones
- Peanut butter and other nut or seed butters (choking hazard)
- Yogurt that does not meet the added sugar limit of 12 grams per 6 ounces
- Homemade yogurt
- Cheese food
- Cheese spread

Other Foods

- Candy, Chocolate
- Home-canned infant foods
- Honey (includes commercially prepared foods such as graham crackers and RTE cereals)

May be part of a Reimbursable Meal but Not Recommended*

- Meat/poultry sticks
- Hot Dogs
- Breaded Fish Products (Fish Sticks)
- Chicken Nuggets
- Sausage

* These foods are higher in sodium, byproducts, fillers and extenders. They also pose a choking hazard. If served, they must be prepared in a way to reduce choking hazards. They must have a Child Nutrition label to be creditable as a meat and indicated on your menu.

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