



VIBRANT FUTURES CACFP SPECIAL DIET STATEMENT

Dear Parent/Guardian:

Your provider participates in the Child and Adult Care Food Program (CACFP) and serves meals and snacks meeting the CACFP requirements. Food substitutions may be made only when supported by this statement. Return the completed form to your provider. If you have any questions, please contact me at 1-800-448-6995, ext. 223.

Sincerely,

Shelly Vondale, Director of CACFP at Vibrant Futures

PLEASE PRINT

Child's Name:	Name of Child Care Provider:								
Name of Parent/Guardian:	Parent/Guardian's Phone/Cell #: () - -								
<p>1. Check One (Refer to instructions on reverse side of this form):</p> <p><input type="checkbox"/> The Child has a disability* or a medical condition which requires a special meal or accommodation. Program operators are required to make reasonable substitutions to meals for participants with a disability/medical condition that restricts their diet on a case-by-case basis when signed by a licensed physician (MD or DO), physician's assistant (PA), or nurse practitioner (NP) or registered dietician must sign this request.</p> <p><input type="checkbox"/> The Child is requesting a special meal or accommodations due to religious, cultural or personal preference. Any substitution must fully meet the meal pattern. Program operators are encouraged to make reasonable substitutions to meals on a case-by-case basis but are not required to do so. A parent/guardian or adult participant may sign this request or a medical/healthcare professional.</p> <p><small>*The Americans with Disabilities Act (ADA) Amendment Act defines a person with a "disability" as any person who has a physical or mental impairment which substantially limits one or more "major life activities," has a record of such impairment, or is regarded as having such impairment "Major life activities" include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking breathing, learning, reading, concentrating, thinking, communicating, and working. Major life activities also include the operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions. USDA Policy Memorandum https://www.fns.usda.gov/cn/modifications-accommodate-disabilities-cacfp-and-sfsp</small></p>									
<p>2. Foods to be omitted and substitutions: (Please list specific foods to be omitted and suggested substitutions; you may attach a sheet with additional information as needed.)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; text-align: center;">A. Food(s) To Be Omitted:</td> <td style="width: 50%; border: none; text-align: center;">B. Suggested Substitution(s)</td> </tr> <tr> <td style="border: none; height: 20px;"></td> <td style="border: none; height: 20px;"></td> </tr> <tr> <td style="border: none; height: 20px;"></td> <td style="border: none; height: 20px;"></td> </tr> </table>		A. Food(s) To Be Omitted:	B. Suggested Substitution(s)						
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<p>3. Briefly explain how exposure to those omitted foods affects the participant:</p>									
<p>4. Indicate Texture:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 25%;"><input type="checkbox"/> Regular – if no modification needed</td> <td style="width: 25%;"><input type="checkbox"/> Bite Sized Pieces</td> <td style="width: 25%;"><input type="checkbox"/> Ground</td> <td style="width: 25%;"><input type="checkbox"/> Tube Feeding</td> </tr> <tr> <td><input type="checkbox"/> Pureed</td> <td><input type="checkbox"/> Oral Feeding</td> <td colspan="2"><input type="checkbox"/> Other: _____</td> </tr> </table>		<input type="checkbox"/> Regular – if no modification needed	<input type="checkbox"/> Bite Sized Pieces	<input type="checkbox"/> Ground	<input type="checkbox"/> Tube Feeding	<input type="checkbox"/> Pureed	<input type="checkbox"/> Oral Feeding	<input type="checkbox"/> Other: _____	
<input type="checkbox"/> Regular – if no modification needed	<input type="checkbox"/> Bite Sized Pieces	<input type="checkbox"/> Ground	<input type="checkbox"/> Tube Feeding						
<input type="checkbox"/> Pureed	<input type="checkbox"/> Oral Feeding	<input type="checkbox"/> Other: _____							
<p>5. Other Dietary Modifications or Additional Instructions (Describe):</p>									
6. Signature	7. Printed Name (Include Credentials)	8. Telephone#	9. Date						

STATEMENT INSTRUCTIONS

Name of Child: Print the name of the child or adult participant to whom the information pertains.

Name of Child Care Provider

Name of Parent/Guardian: Print the name of the person requesting the participant's medical statement.

Parent/Guardian Telephone: Print the telephone number of parent or guardian, including area code.

1. **Check Only One:** Check a box to indicate whether a participant has a disability, or does not have a disability and is requesting special accommodations.
2. **Food(s) to be omitted and suggested substitution(s):** List specific foods that must be omitted. For example, "exclude fluid cow's milk." List the specific foods to include in the diet. For example, nutritionally equivalent non-dairy beverage."
3. **List what occurs if the child is given an omitted Food.**
4. **Indicate texture:** Check a box to indicate the type of texture of food that is required. If the participant does not need any modification, check "Regular."
5. **Describe any other dietary Modifications or Additional Information and Instructions.**
6. **Signature:** Signature of person completing form.
7. **Printed Name:** Printed name of person completing form and credentials.
8. **Telephone:** Telephone number of person completing form.
9. **Date:** Date preparer signed form.

***The information on this form should be updated as necessary to reflect the current needs of the participant.**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [USDA Program Discrimination Complaint Form](#), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: (1) **mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or (2) **fax:** (833) 256-1665 or (202) 690-7442; or (3) **email:** program.intake@usda.gov. This institution is an equal opportunity provider. USDA Civil Rights Complaint Link: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>