



Vibrant Futures CACFP Infant Menu Instructions and Reminders

Instructions:

1. All infants (under one year of age) need to be listed on the Infant Menu Worksheet(s).
2. At the top of each Infant Menu Worksheet starting with Page One, fill in any of the information required including Name and Claim Month. Sign each page.
3. Check the box that states, "All infant formula and cereal is iron fortified" and check the types of infant cereal served or list your own in the space provided. Cereal must contain no more than 6 grams of added sugar per dry ounce. All grains must be enriched, fortified, or a whole grain.
4. List each infant's name in their own separate column. Check the box next to their name if they are 6 months or older as meal/snack requirements change.
5. On the left side of the Infant Menu Worksheet, fill in the Day and Date of the week.
6. Record the foods served for every meal/snack claimed for each infant separately. Circle the IFF (Iron Fortified Formula) or BM (Breast Milk) for all meals/snacks claimed.
7. Times In/Out must be recorded each day for each infant. These need to be written in the area directly below where meals/snacks are written.
8. Two meals and one snack or two snacks and one meal per day per infant may be claimed.

GREAT! You should be all set to begin getting paid for meals provided to infants😊

Reminders:

1. Infant cereal and formula **must** be iron fortified unless we have a completed Special Diet Statement on file. Please check the box on the top of page one of the Infant Menu.
2. Juice is not creditable for infants.
3. Even though 6-11 month olds may be eating table food, they are still considered infants and must have, when developmentally ready, at breakfast, lunch and supper:
 - Breast milk or formula; and
 - Infant cereal, meat, tofu, fish, poultry, whole egg, cooked dry beans or peas; or cheese; or cottage cheese; or yogurt; or combination baby food must meet the required amounts.
 - Vegetable, fruit or both
4. For infants, 6-11 months old, and developmentally ready, the snack requirements are:
 - Breast milk or formula
 - Grain (bread, crackers, infant cereal or ready-to-eat cereal); and
 - Vegetable, fruit or both

5. Meals/Snacks that contain formula (either parent or provider supplied) or breast milk as the only requirement are reimbursable before 6 months. However, after 6 months or as developmentally ready, you must provide the additional components at breakfast, lunch, supper and snacks to be reimbursed.
6. A Parent may provide up to one component of a meal if an infant has a special dietary need that is not a Medical Disability, you can be reimbursed as long as it meets CACFP Meal Pattern Requirements. Note: If the parent comes to your home and feeds their infant themselves the meal is not reimbursable with the exception of mothers who are breast feeding.
7. Foods that contain one or more of the eight major food allergens identified by the Food and Drug Administration (milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans) and are appropriate for infants are allowed and can be part of a reimbursable meal based on the American Academy of Pediatrics analysis.
8. Fish sticks, chicken nuggets, hot dogs, sausage, and meat and poultry sticks count as an infant protein, but are not recommended. They must have a Child Nutrition (CN) label or Product Formulation Statement.
9. At 6 months, yogurt is creditable at Breakfast, Lunch and Supper, not Snacks, and must contain no more than 12 grams of added sugar per 6 ounces.
10. Infant cereal cannot be served in a bottle.
11. Peanut butter and honey are not creditable for infants.
12. Enriched and/or whole grain pancakes, waffles, or biscuits are creditable as a grain at snack
13. Store bought combination baby foods include two or more foods, such as a meat and a vegetable. The serving size of each food must equal the infant meal requirements.

A child care provider must have a conversation with the parents in their care to determine if their 6 month old is developmentally ready for the change in meal/snack patterns.

**If you have any questions about claiming infants, call your CACFP Specialist at
(616) 451-8281**

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